

Stan L. Bergman  
Chief



6201 Atlantic Avenue  
Ventnor City New Jersey,  
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(609)823-7953  
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## Ventnor City Beach Patrol

### The V.C.B.P. Junior Lifeguard Program

**Who:** Our program is for children ages 5-14

**When:** This year we will be breaking up the program into 2 4-day groups.

- Mon July 6<sup>th</sup> – Thu July 9<sup>th</sup> 2026 from 10:30-12:00: Jr. Lifeguards ages 5-9

- Mon July 13<sup>th</sup> – Thur July 16<sup>th</sup> 2026 from 10:30-12:00: Jr. Lifeguards ages 10-14

**Where:** Ventnor City Beach Patrol Headquarters, Suffolk Avenue and the beach

(We will not hold the program in thunder/lightning/heavy downpour)

**What:** Our Junior Lifeguard program is designed to educate children on beach and ocean safety. We strive to promote solid interpersonal relationships, build teamwork and introduce children to the skills required to become a lifeguard. Most of all we want our children to have a fun, safe experience enjoying and learning about the ocean and beach. Each day we will meet at a designated area. We will start with a team stretch, a warm up run and then break into rotating stations. The fourth day of each group (Thu July 9<sup>th</sup> and Thu July 16<sup>th</sup>) will hold the competitions in the beach run, surf dash and beach flags and a BBQ.

**Sign Ups:** Signs ups will be ONLINE beginning **JUNE 1<sup>st</sup>** on [ventnor.recdesk.com](http://ventnor.recdesk.com) or in person at the VCBP HQ at Suffolk and the Beach from June 1<sup>st</sup> through the first day of the program. The cost is \$20.00 per child (cash or check) and will include a Jr. Lifeguard T-shirt.

**Each Day:** The junior lifeguards should arrive on time each day. Please send your child in a bathing suit with a towel and a labeled water bottle. Children should apply sunscreen before arriving. We are looking forward to another terrific summer!

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## Ventnor City Beach Patrol

### Junior Lifeguard Registration

Name of Participant: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City Zip Code

Phone Number: \_\_\_\_\_ Sex: \_\_\_\_\_ Age \_\_\_\_\_ Shirt Size: \_\_\_\_\_

Junior Lifeguard Program: Ages 5-9 \_\_\_\_\_ Ages 10-14 \_\_\_\_\_

Person to contact in case of Emergency:

\_\_\_\_\_  
Name Address Phone

I, \_\_\_\_\_, hereby waive any liability as to the City of Ventnor City and it's instrumentalities and agents, for any injuries / damages resulting from any/all participants of this program.

Parent (or Legal guardian) signature \_\_\_\_\_

David Funk, Chief

Captains: Meghan Robinson, Gary Howarth

Lieutenants:

Lisa Jones, Dan Schall, Vinnie Mahoney, Paddy Milligan, Rob Wagner, Greg Smith

Instructors:

Mike McMenamin, Mitch Friedel, Mike Mosca