

VENTNOR COMMUNITY EDUCATION AND RECREATION



VENTNOR CITY, N.J. 08406

Classes start the week of February 20th, 2012

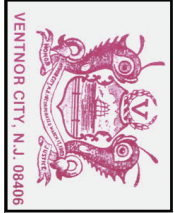
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ADULT BASKETBALL (Over 40 Yrs old) Pickup Games for fun and recreation	Two Sessions: October-December January-April Fee: \$50 per session Less than \$5 per night !!
COMPUTERS: BEYOND THE BASICS Instructor: James Pacanowski	Time: 6-7 pm Length: 8 wks Fee: \$75
The next step in your computer journey. Learn the basics of Letter writing, file storage, safeguards, customizing your computer and more. Jim has taught at all levels, so bring your questions and expand your future! Combine with Internet class for \$125	
INTERNET FOR TODAY Instructor: James Pacanowski	Time: 7-8 pm Length: 8 wks Fee: \$75
Explore the World of the cloud and use the internet with different browsers. Learn the basics of Email, Internet safety. and Social Media as you " surf the net ". Come and learn all the "new" tricks of the trade, improve techniques, and save valuable time. Combine with Computer class for \$125	
CREATING ART WITH PAPER Instructor: Janis Albuck	Time: 6-8 pm Length 6 wks Fee: \$70
Quilling and origami are just two of the 3D techniques that will be covered. Students will complete a project by class end , perfect for gift giving or collecting. All supplies & materials covered by class.	
BALLROOM DANCING / LATIN STEPS Instructor: Gene Hildner	Time: 7-8:15 pm Length: 8 wks Fee: \$65
This class will cover both dance steps to get you ready for the dance floor. A great reason to get up and get out of the house and get some exercise. (No partner necessary)	
After the Picture Instructor: James Pacanowski	Time: 6-7pm Length: 8 wks Fee: \$75
Make your photos come alive!!! The class works with Photoshop Elements to edit and enhance your photos. Turn old photos and scraping into lasting memories.	

Note:

**All make-up classes will be decided by the instructor of each particular class.
All classes will be closed on days when the school is closed. All classes are held in the
Ventnor School unless noted. Appropriate shoes and dress must be worn.
All calls or correspondence should be made to the Recreation Department at 609-823-7950**



Ventnor Community
Education and Recreation
6201 Atlantic Avenue
Ventnor City, NJ 08406

Postal Customer

Post. Standard
U.S. Postage
PAID
Atlantic City, NJ
PERMIT No. 3236

609-823-7950

REGISTRATION FORM

609-823-7950

FORMS ARE ALSO AVAILABLE AT WWW.VENTNORCITY.ORG UNDER

RECREATION DEPARTMENT FORMS

PLEASE NOTE: All classes are held at the Ventnor School on Lafayette Ave.
BY MAIL: Send form and check to:

Ventnor City Recreation
6201 Atlantic Avenue
Ventnor City, NJ 08406

IN PERSON: May drop off form at same location

PAYMENT: Check made payable to Ventnor City
REFUND/CANCELLATIONS: All classes are subject to cancellation due to insufficient enrollment . If a class cancels, refunds will be made.
NO REFUNDS WILL BE PROCESSED AFTER CLASS START DATE.

All checks deposited when received. Refunds made after 30 days.

INSURANCE: Everyone should note that they participate in all classes at their own risk.
CLOSINGS: All programs are cancelled when school is closed. Cancelled classes will be made up at a later date agreed upon by the instructor.

NAME: _____ EMAIL _____

ADDRESS: _____ CITY _____

PHONE: _____ EMERGENCY # _____

COURSE/COURSES: (1) _____ (2) _____

FEE: _____ SIGNATURE _____

Adult classes start the week of February 20th, 2012

W E D N E S D A Y	Cardio Line Dancing Is Back !!!! Instructor: Donna Peterson	Time: 6-7:30 pm Length: 8 wks	Fee: \$70
	This class will have you dancing to the oldies while having a great time and getting some good exercise .This is a real fun-time class so bring along some friends and enjoy some old memories.		
	BEGINNING GUITAR Instructor: John Higbee	Time: 6-7 pm Length: 8 wks	Fee: \$65
	Entertaining and fun—Find your inner rock star—we provide the guitar —you provide the enthusiasm. Come out for an evening of fun and rock and be a hit at the next party. This is a skill to keep for a lifetime !!!!!!!		
	YOGA (Two Sessions) starts at 5:30 Instructor: Stevee Wolos	1- 5 wks starts Feb. 1st 2. 8wks starts Apr. 4th	Fee 1: \$45 Fee 2: \$75
	Build your mind as well as your body while increasing your strength and flexibility. Become one with your Body and mind , feel better about yourself. This class will help you jump into summer with a new attitude !!! This class will be held at the Ventnor Library 2nd floor.		
T H U R S D A Y	INTRO TO MEDITATION (two sessions) Instructor: Natalie Kraft starts at 6:30	Runs same dates as Yoga	Fee 1: \$45 Fee 2: \$75
	“Meditation for the sitting-still-challenged”. Explore different techniques to learn what works best for you. This class is a perfect compliment to the preceding Yoga class. (Consider both) Also held at Library		
	GENTLE SELF-DEFENSE Instructor: David Shaman	Time: 6-7 pm Length: 8 wks	Fee: \$70
“Soft” style Kung Fu is a remarkably gentle & balanced method of increasing your personal safety, very similar to the art of Yoga. Increases your physical safety as well as your emotional safety. David brings 27 years of experience to this class. You will improve mental focus, slow down the aging process, and feel fit.			
S A T U R D A Y	ZUMBA Instructor: Carol Dugan	Time: 6 - 7 pm Length: 8 wks	Fee: \$70
	Zumba is a joyful, fun-filled, calorie and fat-burning fitness sensation workout for ALL AGES AND LEVELS. It has become the largest and most popular program in the fitness world It uses Latin and other international styles of music. Come out and get a start on Summer.		

CHILDREN'S CLASSES /CLINICS

S A T U R D A Y	GYMNASTIC KIDS Instructor; Jackie Killen	Time: 9am-10:15am Length: 8 wks	Fee: \$70
	Jackie is one of the best instructors in S. Jersey. Formerly she was the Head Instructor for the SCORE after-school program. Class is for beginners and intermediates, ages 8 -13. Learn balance beam, spring board, and flips. This class is great for building confidence and balance in young children. It also helps athletes in their flexibility.		

WORKSHOPS / SPECIALS

Adult CPR & AED	<u>Time:</u> 7 - 9:30	<u>Dates:</u> April 23rd Adult April 30th Child	<u>Fee:</u> \$25 Addl. \$25 If Red Cross Card Certification is required
Infant & Child CPR	<u>Two Nights</u> <u>MONDAYS</u>	Also available: CPR for Professional Rescuer Review	
Instructor: Diane Birkbeck	All classes will follow the most current methods of American Red Cross and will Qualify participants for ARC Certification. Learn and review all the latest techniques.		
1. FINANCIAL PLANNING	<u>Length :</u> FREE WORKSHOPS	1. MONDAY 2. TUESDAY	<u>Fee:</u> BOTH FREE
2. WOMEN & INVESTING		FEBRUARY 27TH 6-7:30pm February 28th 6-7:30pm	
Instructor: Diane Scarpa	1. An interactive seminar about financial planning today: what it is, and how it can help you manage the challenges of today. 2. A conversation for today's woman and the financial empowerment for women investors. Please call to confirm for each class 823-7950		
1.Excel & 2.Power Point	<u>Length:</u> 4 weeks each	<u>Time:</u> Tuesdays 7-9 pm This is a two hour class	<u>Session 1:</u> Starts 2/28 <u>Session 2:</u> Starts 3/27 <u>Fee:</u> \$65 each or both \$110
Instructor: Jim Pacanowski	These classes are designed for the intermediate computer user. You will go thru the creation of a slideshow in PowerPoint. In Excel you will create a spreadsheet that functions in design and calculation.		
Boating Safety	<u>Length:</u> 4 weeks	<u>Time:</u> Thursdays 7-9pm	<u>Date:</u> Starts Feb. 16th <u>Fee:</u> \$50
Instructor: U.S. Coast Guard Auxiliary-Flotilla 8-4	Qualify for a New Jersey Boating Safety Certificate. Class includes booklet. Must be at least 15 years old for class. Class is for four consecutive weeks starting Feb. 16th. All classes held at the Ventnor School. Please pre-register to hold class spot.		

TRIPS AND SHOPPING

ANNUAL YANKEES BUS TRIP– Saturday day trip in May to Yankee Stadium (waiting for date verification). Price includes bus and ticket. Come out and join us to see the Bronx Bombers in action.!!! This is a great family trip or a day at the park for the guys. Sit back and let us worry about the drive and parking. To reserve or for more info. Call 823-7950